

Why Join ADAA?

By Susan Gurley, ADAA Executive Director



There are countless organizations that serve as a professional home for mental health researchers and practitioners. So what makes ADAA unique? In addition to our focus on anxiety disorders and depression, ADAA also provides free resources and education to tens of thousands of people worldwide who struggle with these disorders.

ADAA members vary widely in experience level, from students to MDs and PhDs. For those still honing their skills, whether undergraduate students, graduate students, clinical trainees, or postdoctoral fellows/residents, ADAA provides ample opportunity to network with colleagues and even find a mentor. For the more experienced clinicians and researchers, ADAA offers a variety of resources to help keep abreast of the latest and most cutting edge research in the mental health field.

Regardless of where you are in your career, the reduced price of registration to the annual [ADAA conference](#) is a significant member benefit. Aside from 1,300 experts coming together from around the world to share their research and clinical knowledge, attendees also have an opportunity to earn their CE credits at no additional cost.

ADAA membership provides an opportunity to promote [clinical trials](#), [support groups](#), [job/fellowship postings](#), and [published books](#) on the ADAA website at no cost. With more than 13 million views annually, ADAA's website provides invaluable professional exposure.

ADAA membership grants free access to ADAA's official journal, [Depression and Anxiety](#). With an impact factor of 5.004, this is one of the top ten psychology journals in the country.

If you're a clinician (or other mental health practitioner), we invite you to take advantage of the member's discount on ordering [patient brochures](#) and promoting your practice by inclusion in ADAA's [Find a Therapist](#) database. The database has more than 23 million visits a year, allowing consumers to search for therapists and other mental health practitioners in their geographic area. Although the database is primarily U.S.-based, there are 10 other countries that are also searchable.

ADAA membership also provides free access to all [professional education webinars](#) and [podcasts](#), as well as all issues of [Anxiety & Depression Insights](#), helping you stay connected and up-to-date in the field. ADAA also invites members to contribute a [blog post](#) that we share on the ADAA website and through our weekly member email newsletters.

Finally, ADAA membership provides access to the ADAA listserv, an online community where you can connect with other experts and colleagues from around the world. ADAA also has numerous [committees](#) and [special interest groups](#) you can join to help guide the organization and create your pathway to ADAA leadership.

We invite you to learn more and to make ADAA your professional and innovative home.