



Anxiety and Depression Conference 2014

CALL FOR PAPERS

Personalized Treatments for Anxiety and Mood Disorders

March 27–30, 2014

Chicago Marriott Downtown

Chicago, Illinois

The Anxiety and Depression Association of America (ADAA) leads the way in bringing together a multidisciplinary community of basic and clinical researchers and clinicians with diverse backgrounds in psychiatry, psychology, social work, counseling, nursing, neuroscience, and more. ADAA sponsors the only conference focusing exclusively on science and treatment of anxiety and depression, including but not limited to generalized anxiety disorder, OCD, PTSD, panic disorder, social anxiety disorder, phobias, depression, and related disorders in children and adults. Submissions are welcome on a broad range of research and practice topics relating to these disorders.

Clinicians and Researchers—The conference creates an essential bridge between clinicians and researchers. The overall goal is to improve patient outcomes by advancing dissemination and implementation of research and providing experiential learning about evidence-based treatments and best practices in real-world settings.

The theme focuses on personalized treatments for anxiety and mood disorders in children and adults. Capitalizing on emerging science on biomarkers, mediators, and moderators of response to intervention, the challenges of personalized treatment involve determining what interventions work for whom, when, and under what circumstances and how to share decision-making with patients. Submissions should focus on innovation in treatment and research and foster translation, dissemination, and implementation of evidence-based and novel psychosocial and pharmacological treatments.

Connections...Training...Science—This conference is like no other in scope and depth. You will have unsurpassed access to experts in research and clinical care, opportunities to network with colleagues from around the globe, and take away experiences that will improve your practice. Here you can talk with people who share your interests and passions. Join us in 2014.

DEADLINES

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| Symposia, Clinical Workshops, Roundtables | September 4, 2013 |
| Career Development Travel Awards (posters only) | November 14, 2013 |
| Individual Oral and Poster Presentations | December 4, 2013 |
| NEW Late-Breaking Research Posters | February 3, 2014 |

Late-Breaking Research Posters present new, cutting-edge high-impact research. A limited number (up to 10), will be accepted based on scientific quality and novelty of research.

FIVE THINGS TO KNOW BEFORE SUBMITTING AN ABSTRACT

1. [Review guidelines for submission, including sample abstracts](#) before starting your online submission.
Late and incomplete submissions are rejected.
2. **All presenters, including poster presenters, must pay the appropriate registration fee upon acceptance.** If your ADAA membership expires prior to March 31, 2014, you must renew when you register for the conference to receive the discounted rate. ADAA does not offer government or one-day registration rates.
3. Communications will be sent via e-mail; please add @adaa.org to your safe-sender list.
4. Session chairs are responsible for completing the submission, notifying session participants of acceptance and registration requirements, and providing AV requirements.
5. To accommodate the large number of submissions, the conference committee may limit presenting authors to two accepted sessions and two posters only. ADAA cannot accommodate requests for presentation on specific days or times.



TYPES OF SUBMISSIONS

| Submission Type | Description | Length of Presentation | Submission Details |
|---------------------------|--|------------------------|--|
| Symposia | A group of three to five presentations and an optional discussant organized around a specific theme by a chair or two co-chairs. Submission must include session title, session abstract, and educational learning objectives; also, each presentation must include a titled abstract. (No abstract is required for a discussant.) Presentations should be original and describe relevance, need, and audience level. | 90 or 120 minutes | Do not include names of presenters and presentation titles or refer to a presenter by name in the abstract. Presenters may participate on only two accepted symposia, workshops, roundtables, or individual presentations (nonpresenting authors excluded; more than two abstracts may be submitted). All presenters must complete conflict-of-interest and disclosure statements, even if you have nothing to disclose. All accepted presenters must register for the conference. |
| Clinical Workshops | Hands-on, experiential, in-depth training, skills acquisition, and case presentations aimed to improve understanding and treatment in a particular area. Up to five presenters in one workshop. Submission must include a session title, one abstract, and educational learning objectives plus a detailed outline describing format, audience level, relevance, and need. ADAA seeks proposals for advanced and experienced clinicians in psychotherapy and pharmacotherapy. | 90 or 120 minutes | Do not include names of presenters and presentation titles or refer to a presenter by name in the abstract. Include a detailed outline describing target audience, level, and format, including statement of how participants will be engaged. Presenters may participate on only two accepted symposia, workshops, roundtables, or individual presentations; more than two abstracts may be submitted. All presenters must complete conflict-of-interest and disclosure statements, even if you have nothing to disclose. All accepted presenters must register for the conference. |
| Roundtables | Interactive discussion with up to four experts on a focused topic, issue, theme, or question in research or practice. Submission must include a session title, one abstract, and educational learning objectives. Abstract must provide a statement of need, target audience, level of content, and names of experts on panel. | 60 minutes | Individuals may participate on only two accepted symposia, workshops, roundtables, or individual presentations; more than two abstracts may be submitted. All accepted presenters must register for the conference. |

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| Individual Oral Presentations | Individual presentations of research, unique case, or clinical issue. Submission must include a title, abstract and educational learning objectives*. | 30 minutes | Individuals may participate on only two accepted symposia, workshops, roundtables, or individual presentations (nonpresenting authors excluded); more than two abstracts may be submitted. All accepted presenters must register for the conference. |
| New Research Poster Presentations | Individual presentation in a poster format sharing new research findings on topics related to anxiety disorders, OCD, PTSD, depression, and related topics. Submission must include a title and abstract. <i>New for 2014!</i> Late-Breaking Research Poster Abstracts (New, cutting-edge high-impact research; up to 10 will be accepted based on scientific quality and novelty of research.) | 90 minutes | Abstracts must include at least preliminary analysis of data. Individuals may present only two accepted posters (nonpresenting authors excluded); more than two abstracts may be submitted. Poster presenters must be present at session. Accepted posters should include a QR code when presented. All accepted presenters must register for the conference. |

EDUCATIONAL LEARNING OBJECTIVES

These objectives are statements that focus on the learner and clearly describe what an attendee will learn, know, or be able to do as a result of the proposed program.

To write objectives that comply with CE and CME guidelines, use action verbs that describe measurable behaviors: analyze, apply, assess, create, compare, demonstrate, describe, discuss, explain, plan, practice, predict, recognize, summarize, use, utilize, etc.

Examples

- **Recognize** difference between acute and traumatic stress.
- **Apply** novel techniques when treating patients with comorbid anxiety and depression.
- **Practice** relaxation and breathing techniques.
- **Analyze** demonstrations of CBT in novel settings.
- **Summarize** genetic advances in our understanding of related disorders.

Do not use these words: understand, learn, know, appreciate, become aware of, or become familiar with. You will be asked to rewrite your objectives if you include these words. Do not write “Participants will learn about OCD.”

REVIEW OF ABSTRACTS

All abstracts are peer-reviewed and ranked on the basis of quality, merit, and the criteria listed below. Presenters may be asked to incorporate changes recommended by reviewers to qualify for acceptance. [View sample abstracts.](#)

- Importance and scope of topic
- Scientific merit of the topic and presentation of new research
- Relevance to understanding underlying mechanisms and neurobiology
- Presentation of clinical effectiveness research for anxiety, OCD, PTSD, and depression
- Translation of research from bench to bedside
- Relevance to the clinical management of anxiety and depressive disorders
- Advanced level of content targeting experienced audiences in both practice and research
- Diversity, quality, and depth of the topic as described in the abstract and/or detailed workshop outline
- Balance and objectiveness of the topic as presented in the abstract

PROGRAM OVERVIEW

Submissions are not limited to the conference theme and they should cover topics across the lifespan. Research should be new, relevant, and high quality. Presenters of clinical practice sessions should promote advanced skills acquisition and training and discussion of complex and refractory cases. ADAA encourages submissions presenting

diverse perspectives; for example, translation of basic to clinical research or treatment involving both pharmacotherapy and psychotherapy.

- Science and practice of personalized treatment-matching strategies for anxiety and mood disorders.
- Acquisition of skills related to CBT, ACT, DBT, IPT, EMDR, exposure, functional analysis, and other psychotherapies.
- Research and application of pharmacotherapies; combination and novel treatments in children and adults.
- Symposia that bring together those in practice and research to discuss and debate topics that result in innovations and improvement of outcomes for patients, especially those with refractory disorders.
- Practice and research related to the relative effectiveness of manualized treatment versus targeted application of empirically supported treatment strategies.
- Translation of personalized evidence-based treatment to new contexts and settings, countries, and cultures designed to decrease health disparities and minimize the research-practice gap.
- Methodological advances fostering the identification of biomarkers of response, such as mixed-methods approaches, qualitative data approaches, and web-based trainings.
- Basic research on developmental psychopathology, genetics, neuroimaging, and animal models as it pertains to anxiety, depression, and fear.
- Science and practice involving the use of technology, telemedicine, and social media in treatment and/or adjunct to treatment.
- Comparative-effectiveness research highlighting the application of the findings to improve treatment in standard, primary care, and novel settings and with special populations.
- Research encouraging relevant and timely discussions about access, delivery of services, health literacy, payment, mental health parity, and legislation.
- Dissemination and implementation of evidence-based treatments applied in everyday practice for treating complicated and treatment-resistant cases of anxiety disorders, OCD, PTSD, depression, anxiety and comorbid mental illnesses, and anxiety and psychosomatic illnesses such as asthma, diabetes, eating disorders, epilepsy, fibromyalgia, heart disease, substance abuse, IBS, and suicide risk.

ONLINE SUBMISSION PROCESS

All submissions must be made through the ADAA online submission site. Operated by Oasis, this system has been optimized for current browsers [Internet Explorer 7 and above \(PC\)](#) and [Safari 3.2 \(Macintosh\)](#). **Mozilla Firefox is not recommended because it is incompatible with Oasis.** JavaScript must be enabled in your browser preferences for the system to function properly. JavaScript must be enabled in your browser preferences for the system to function properly.

You will be able to log in with your user name and password if you have submitted in the past. If you are new to ADAA, select "Create New Account." You may also search via the People Lookup function to insert contact information about co-authors and other presenters on your session. Individuals will be in People Lookup only if they have presented previously.

A help desk is available Monday through Friday during business hours to answer your technical questions. [E-mail questions about content to Jennifer Richards.](#)

CONTINUING EDUCATION GUIDELINES

As a provider of continuing education, ADAA complies with all policies and guidelines from the AACME, American Psychological Association, National Association of Social Workers, and National Board of Certified Counselors. All sessions at the ADAA conference except New Research Poster Sessions offer CME and CE credit.

The AACME has clarified that employees of commercial interests (pharmaceutical, biotech, and medical-device companies) **cannot participate** as presenters, moderators, abstract authors (whether presenting or not), or in other roles that influence content for a session that is certified for CME credit. Authors employed by commercial interests **can submit** an abstract for a New Research Poster Session and present it if accepted following peer review.

This activity is being planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Blackwell Futura Media Services and the Anxiety and Depression Association of America. Blackwell Futura Media Services is accredited by the ACCME to provide continuing medical education for physicians.

To qualify the conference for continuing medical education (CME) credit for physicians in attendance, ADAA must comply with policies set forth by the Accreditation Council for Continuing Medical Education (ACCME). All presenters and authors (including non-presenting authors of oral submissions) must complete online disclosure and conflict of interest forms. All CME providers are required to implement mechanisms to identify and resolve any conflicts of interest prior to the education activity being delivered to learners. Any presenter who has *a commercial interest and is presenting material related to it* is considered to have a conflict of interest and is subject to restrictions.
